





NARAYANA PHARMACY COLLEGE

(Approved by PCI & AICTE, New Delhi) (Affiliated to JNTUA Ananthapuramu)
Recognized u/s 2(f) & 12(B) of the UGC Act, 1956, New Delhi,
ISO 9001:2015 Certified Institution
Chinthareddypalem, Nellore-524003, A.P .India.
Phone & Fax No :0861-2317966; Cell No :+91- 9392901053
Email: principal.npc@narayanagroup.com Visit us:www.narayanapharmacycollege.com

CHATRA SAMVIDHI PODCAST TITLES

Date	Selected Topic	Why the Topic Was Selected	Spotify link	Q R CODE
12.08.2024	Insights of Malaria	To raise awareness on a globally significant parasitic disease, its impact, prevention strategies, and the pharmacist's role in endemic control.	https://open.spotify.com/episode/4bjKUz6Xccu1dmRhsJswSI?si=42hkT3OoTL2rhQJYPrEfkQ	
17.08.2024	Beyond the Grades: Embracing Your True Potential	To encourage students to value holistic development and reduce stress related to academic pressure while promoting confidence and individuality.	https://open.spotify.com/episode/0BIvJ4o3puwIdD3LJfmf36?si=SqOpVV2PR62hyy-Ts6rR8Q	



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24.08.2024	Clashing Cures: Understanding Therapeutic Incompatibility	To sensitize pharmacy students to the critical issue of drug-drug and drug-excipient incompatibility in clinical and compounding settings.	https://open.spotify.com/episode/1FPQW9gfO41sau9fEpUcWu?si=wgTDPB4pQKyntm21W6lQJg	
31.08.2024	Mental Health Medications	To address rising mental health concerns among youth and demystify pharmacological interventions used in mental health care.	https://open.spotify.com/episode/7h4bfzqYFoyV3kC3PNw8RJ?si=nnu054YZTqCmLJL965w6KA	
31.08.2024	Drug Discovery	To provide insights into the journey of new drug development, inspiring curiosity about research, innovation, and pharmaceutical sciences.	https://open.spotify.com/episode/4wx9uexSMg1YN72y1H8eWR?si=xNeAUisQRpKg6IN00qhTAG	
07.09.2024	Job oppurtunities after b pharmacy	Explore various job oppurtunities after completing b pharm course that covers career paths in pharma industries	https://open.spotify.com/episode/0okPCEXLPLJvQ0SITBEgj?si=R-A9lThXS0uBniqF1XxDhw	



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07.09.2024	Empathy and compassion in mental health care	Focuses on essential role of understanding and kindness in supporting mental well being.	https://open.spotify.com/episode/4sYINHSoracMmVFditIv1U?si=DGs9MSCKQvyltKgDTgmw5g	
05.10.2024	Non verbal communication in mental health	To convey emotions and feelings beyond words.	https://open.spotify.com/episode/4gcAvgTAFSIR1xnfgD9JS7?si=ioizLz-FS0GB66Nw1DsVtA	
05.10.2024	Role of medication in mental health treatment	Explore to manage symptoms of conditions like depression, anxiety, bipolar disorder	https://open.spotify.com/episode/26cHGyhFR1gZSRFwTjZyVZ?si=6sp-0kBfQUaym7QejDH_wg	



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Crude drugs and applications of pharmacy in crude drugs

Exploring the knowledge on crude drugs ,their significance in pharmacy

<https://open.spotify.com/episode/4G2FV6RzSGQwwbfJUeAMVL?si=2rJyksbyRVeP2BPtZ04DKg>





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19.10.2024	Controlled release tablets and its latest trends	Gives knowledge in designing to release medication at predetermined rate enhancing therapeutic effects.	https://open.spotify.com/episode/0koHAolQywe07XkrfOHbkU?si=ueuGqp-ESMK979pE2ORIIQ	
19.10.2024	Cosmetics and its sights the science behind beauty	Dives in to the formulation of skin care and make up products, role of active ingredients and latest trends.	https://open.spotify.com/episode/3AsTEFc7CYCiV4K1x7zQc?si=oevzjhARReKpFQ0zxGTvBA	
08.11.2024	Pilot plant scale up	Insight in to how the lab transitioned in to large scale production, ensuring safety, consistency and quality.	https://open.spotify.com/episode/0CrJZ4yBaQeDZ6ldtFjDt6?si=YD0ZRut7T9SCp4ur_GFT7Q	
17.11.2024	Empowering diabetes management :expert insights	To explore the complexities of diabetes ,debunk common myths and share inspiring stories of management and triumphs.	https://open.spotify.com/episode/08jPVSQceIDTUqjHYWLC5y?si=aZXWAFY0T62KXxHnDCE21Q	



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18.11.2024	National pharmacy week	Ensuring safe medication and patient care ,pharmacists contributions,innovations and impact on public health	https://open.spotify.com/episode/5yAeWyGyfIkz4gErFtPwnb?si=DbJ9dU8iTg2kyNv7hdtzHw	
18.11.2024	Awareness on pneumonia	To raise awareness on pneumonia in recognition of world pharmacist day	https://open.spotify.com/episode/1S2BKOqkWu1FjWISTmQS3X?si=t2eLm1PPQeCIX_NzjGjQjg	
11.1.2025	Bio pharmaceuticals :bridging science and medicine	Explores the fascinating world of biopharmaceutics ,unravels how the drug formulations influence ADME	https://open.spotify.com/episode/65QcnddK5cxQXKRxMkBgRg?s_i=1240377de2ef46fc	
18.01.2024	Safeguarding health:the role of Drug safety and pharmacovigilance	Explores significance of monitoring ADRS,regulatory compliance and patient safety	https://open.spotify.com/episode/2AURHLx2rgcyUwZSTViJbW?si=01da4af749b14b68	



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01.02.2025	The perlis and prevalence of self medication	Explores the widespread practice of self medication ,its convenience and the risk it poses like mis diagnosis,drug interactions and antibiotic resistance.	https://open.spotify.com/episode/2Fa8z7cJz9VQmdX57aN2Bv?si=0f8a23b9ce9f448f	
22.02.2025	A science of happiness: a pharmacists perspective	Explores the neuroscience of happiness ,converting neurotransmitters ,medicationsmlifestyle factors and emerging research in pharmcogenomics and AI driven mood tracking.	https://open.spotify.com/episode/4hSTcZLbfeyhK1N4GvCIhA?si=aed119b53a5a4541	